



DINNER

MONDAY



LENTIL SHEPHERD'S PIE

The lentil filling is quick to make and is a great meat alternative. Top it with mashed potatoes and bake for a hearty meal!

TIP: Use an oven-safe skillet to save on dishes and speed up assembly. Or transfer to a baking dish before adding the potatoes.

TUESDAY



SHEET PAN PIZZA

Craving pizza but want to skip takeout? This is a quick and healthy option will keep everyone happy—just add your favorite toppings!

TIP: Make your own pizza dough and remember to rotate the pan halfway through cooking for an even bake.

WEDNESDAY



CHICKEN FAJITAS

Chicken fajitas are so quick! Made with seasoned chicken, sautéed peppers, and onions, it's a great family meal with all your fave sides!

Side dish ideas: Refried Beans, Guacamole, Street Corn Salad

THURSDAY



PINK PASTA

This bright pink pasta is made with steamed beets, but don't worry you can't taste the beets! It gives it a fun color for Valentine's Day!

Protein ideas: Skillet Rosemary Chicken, Air Fryer Meatballs

FRIDAY



CAST IRON SKILLET STEAK

Staying in for V-day? Impress your date with this easy 15-minute skillet steak with garlic, butter, and fresh herbs!

Side dish ideas: Caramelized Onions, Roasted Green Beans, Garlic Mashed Potatoes - Even more ideas on what to serve with steak

BREAKFAST

STRAWBERRY PANCAKES



Chopped fresh strawberries stirred into vanilla pancake batter and cooked until golden and buttery.

SNACK/DESSERT

FUDGY ♥ BROWNIES



This Valentine's Day, make your sweetheart(s) these cute heart-shaped brownies!