

# GROCERY LIST



Optional sides and protein options not included

## Produce

- Yukon gold potatoes (3lb bag)
- onions (2)
- carrots (3)
- beets (2 lg)
- celery heart (1)
- garlic cloves (1-2 bulbs)
- jalapeno pepper (1)
- cherry tomatoes (1 pint)
- strawberries (1lb)

## Fresh Herbs *optional*

- cilantro (1 bunch)
- thyme or rosemary (1 clamshell)

## Refrigerated

### Dairy

- unsalted butter (2 sticks)
- Shaved parmesan (4 oz container)
- shredded mozzarella (8 oz bag)
- cheddar cheese for serving tortilla soup
- Greek yogurt (1/4 cup)
- whole milk ricotta (sm. container)
- sour cream for serving tortilla soup
- milk (1 cup)
- eggs (3)

pizza dough (1/2 pound)

### Frozen

- frozen peas (10 oz bag)
- frozen corn (16 oz bag)

### Meat/Seafood

- Ribeye or New York strip steak (4 pcs)
- boneless skinless chicken thighs (1 1/2lbs)

## Pantry

- avocado (1/2 c)/olive oil (1 c)
- spaghetti noodles (1 lb)
- brown lentils (16 oz bag)
- vegetable broth (32 oz carton)
- chicken broth (32 oz carton)
- fire roasted diced tomatoes (15 oz can)
- diced tomatoes with chiles (15 oz can)
- crushed tomatoes (15 oz can)
- pizza sauce (10 oz jar)
- black beans (2 -15 oz can)
- tomato paste (5 oz tube or can)
- soy sauce (1 tbsp)\*
- nutritional yeast (1 tbsp)\*
- all-purpose flour (1 1/2 cups)
- granulated sugar (1 1/2 cups)
- baking powder
- vanilla extract
- cocoa powder (1 cup)
- chocolate chips (sm bag)
- maple syrup *for serving pancakes*
- sprinkles *optional for brownies*

## Bakery

corn tortillas *for serving tortilla soup*

## Spices

- chili powder
- cumin
- smoked paprika
- garlic powder

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heart-shaped cookie cutter

## Ingredient notes

\*One container of this ingredient can be used for many more recipes.